

✓ Lecture and Notetaking



GO

Go to class. An important part of learning is repeated exposure to material in a variety of ways.



LISTEN

Focus on listening intently without getting stressed if you don't understand perfectly.



UNDERSTAND

Have a goal of understanding as best you can what the instructor is saying in relation to the slides or lecture material.



TAKE NOTES

Taking notes will help you maintain focus, capture critical information, and prepare for next stages of studying.



SUMMARY

Don't try to capture your lecture word for word; take fewer notes, but have them be more meaningful. Think about what will help when you review later in the day or next day.



QUESTIONS

Use your notes to mark areas you might want to listen to again or questions you have. Then, move on.